"Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come." - 2 Corinthians 5:17

- What does it mean to be a new creation?
- What was God's plan for his first creation?
- Why did he need to establish a new creation?
- What are the differences between the two?
- What are the benefits of being part of the new creation, and how do we fully engage with what that entails?

Our speaker this year is Heather Holdsworth. She is a lecturer, Bible teacher and artist. Her focus is on the spiritual formation of people of all ages. Her degree in education and time as a schoolteacher grew a keen interest in how people work. She studied Applied Theology in Edinburgh, and completed an MA in Spiritual Formation in Chicago. Heather is the author of '*Landscape of Hope - an illustrated journey into the Psalms*', and is currently writing on Freedom and Faith. She lives in St. Andrews with her husband, Adrian and enjoys Earl Grey tea with old and new friends!

We are looking forward to hearing her insights. In the morning Heather will tackle some of these challenging, but life changing questions. She will first take us through an overview of the Bible that will help us to better understand the old and the new and will then encourage us to live in the freedom and fulness that a new creation life in Christ offers.

The afternoon will consist of two repeated sessions so that everyone has the opportunity to attend both.

- One will be a question-and-answer session where 4 ladies will share their experiences of trying to live as new creations in their 'particular' circumstances.

- The other will tackle some issues that hold us back from living the full life that Jesus came to give us. This will be in the form of facilitated round table discussions of which you will need to choose one.

Topics for Discussion Groups

- Fear
- Doubt
- The world
- Legalism / Duty
- Ongoing sin
- The mind

Discussion Groups will be allocated on a first come first served basis - book early to avoid disappoinment.

As usual we will have a bookstall, including some of the books recommended by Heather and the Heart for God team. Feel free to enjoy the grounds at lunchtime.

We are very much looking forward to our day together - for a time of encouragement, praise and fellowship.

How to Book

To book your ticket please **either** use the online form or the paper form – for information on these please see below:

Book online

If you would prefer to book your place online please scan the QR code or go to this link: https://forms.gle/RnS1XNk4F61VF3iVA

(If you have sent in a paper booking form you do **not** need to do the online form)

Book with paper form

To book your ticket with the paper form, either:

- **Make a BACS transfer to:**
  Heart for God Sort Code 80-22-60; Account No. 10915268
  Please include your First name and Surname in your reference. Please also email a photo of the 'Booking Form Details' part of this booking form (page 4) to astbheartforgod@gmail.com

or

- **Print and post the 'Booking Form Details' part of this booking form (page 4) and a cheque (payable to Heart for God) to:**
  Fiona MacAllister, Cleugh Cottage, Preston, Duns TD11 3RH

For more information or any issues booking please email: astbheartforgod@gmail.com